PROFESSIONAL USE ONLY

DIRECTIONS: Take one capsule twice daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication (especially those for depression, migraines, Parkinson's disease, or psychiatric disorders) should discuss potential interactions with their healthcare practitioner. Not for use by children. Do not use if tamper seal is damaged.

Mood Food™ combines key B vitamins, including 5-MTHF as Quatrefolic® and Albion® TRAACS® magnesium chelate, with critical amino acids to support overall central nervous system health, calmness, and a positive mood.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

CAUTIONS: Do not use with other dietary supplements containing L-tryptophan, 5-HTP, St. John's wort, SAMe, or Hawaiian baby woodrose. Do not take if you are, or suspect you are, pregnant or if you are lactating.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or preservatives.

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XYMOGEN®

Mood Food™

Nervous System Support*

60 Vegetarian Capsules | **Dietary Supplement**

ePV

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	%Daily Value
Vitamin B6 (as pyridoxal 5'-phosphate) 4 mg	200%
Folate (400 mcg as Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt and 400 mcg as calcium folinate) 800 mcg	200%
Vitamin B12 (as methylcobalamin) 1000 mcg	16,667%
Magnesium (as Albion® di-magnesium malate) 50 mg	13%
GABA (gamma-aminobutyric acid) 250 mg	**
5-HTP (5-hydroxytryptophan) (from *Griffonia simplicifolia* (seed) 50 mg	**

** Daily Value not established.

Other Ingredients: HPMC (capsule), stearic acid, magnesium stearate, and silica.

Albion is a registered trademark of Albion Laboratories, Inc.

Quatrefolic®

Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US patent 7,947,662.

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ZLB-MOOD-02

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