

# Introducing iMagT

Simply, the **i** represents Inositol, the **MagT** represents Magnesium-L-Threonate

Focus • Concentration • Mood • Energy • Sleep  
For Adults & Children

## The Ingredients:

### Inositol

Inositol, sometimes referred to as Vitamin B8, is a water-soluble fatty lipid that is required by the body for the formation of healthy cells. Inositol has been shown to be effective in treating depression, anxiety, obsessive-compulsive disorder (OCD), other psychological disorders, pain medication reduction, and relief of diabetic neuropathy.

Inositol is a ‘second messenger’, triggering the release of calcium in cells. It also is involved in the transmission of messages between neuronal cells and the transport of fats within cells. Its most important role is in the central nervous system, where it facilitates neuronal action-potential pathways. Various studies have shown its efficacy in treating a number of psychological disorders including bulimia, OCD, depression, and bipolar mood disorder. Inositol is found in greater concentration in the central nervous system.

### Magnesium-L-Threonate (MagT)

Magnesium-L-Threonate is the only magnesium form that crosses the blood-brain barrier (BBB).

A joint study conducted by neuroscientists at the Massachusetts Institute of Technology discovered that supplementing with a special form of magnesium (MagT) improved magnesium concentrations in the brain of both old and young rats and ultimately led to significant cognitive function improvements.

The elevation in magnesium levels resulted in “enhancement of learning abilities, working memory, and short and long-term memory”. Older rats also demonstrated an improvement in “pattern completion ability”. Perhaps the most dramatic finding is that rats treated with MagT:

- a) Exhibited higher density in the *hippocampus*, a region of the brain associated with learning and memory.
- b) Improved the communication between neurons in the brain, a process known as *synaptic plasticity*.

The authors of the study concluded that “an increase in this brain magnesium enhances both short-term synaptic facilitation and long-term potentiation and improves learning and memory functions”.

### Testimonials

“iMagT has significantly helped my 11 year old son... he has ADHD and epilepsy. It has decreased his impulsivity and tendency toward negativity and has generally helped him feel calmer. He also hasn't had a seizure in the last two years. I have seen a quick and noticeable change in his behavior. I am convinced of the effectiveness of this product and am so grateful to have found it.” – *Gail K., North Carolina*

“I can't deny that there's been a marked increase in my quality of sleep, cognitive abilities and mental clarity, happiness, virility, libido and overall quality of life. The pleasant folks at Sabre Sciences are extremely knowledgeable, which is evident in the quality and composition of their products.” – *Shaun N., Florida*

**Toll Free: 888-490-7300**